

⌘ Don't just use _____ discipline,
use _____ reinforcement

⌘ Constantly look for opportunities to encourage
your kids when they are doing something

Conclusion

**Make your goal of parenting to help your
children become fully-devoted followers
of Jesus who love Him with all their hearts
& love others as themselves**

Training & Instructing Your Child

Courageous Parenting (part 3)

Review:

- ⌘ **Week #1: Trust God and parent with grace and truth**
- ⌘ **Week #2: 8 Ways to Love Your Child**
 - **Work at loving your child in ways that he/she can feel it**
 - Recommended reading by Dr. Ross Campbell:
How to Really Love Your Child
OR How to Really Love Your Teenager

What's your end goal for your children?

**Make your goal of parenting to help your
children become _____-_____
followers of Jesus who _____ Him with all
their hearts & _____ others as themselves**

How do we parent towards that goal ?

✠ **Model it**

- Truth is more _____ than _____!

✠ _____ your children and _____ in them

✠ Teach and instruct them in the _____

∞ **Become a student of the Word yourself**

∞ **For younger children, bedtime is a great time to read the Word from a children's Bible**

- The Beginners Bible: Timeless Children's Stories (Zondervan)

∞ **Capitalize on teachable moments**

∞ **For middle schoolers: Passport to Purity Overnight**

∞ **For teenagers: 2 critical Biblical principles to remind them over & over:**

- God loves you with an infinite love, more than you could ever imagine! (Psalm 108:4, John 15:9)
- Everything you could ever desire in life—all of your greatest desires & dreams—are ultimately met in Jesus Christ & His will for your life! (John 6:35, 7:37-39, 10:10)

✠ **Train your children through _____ and _____**

∞ **Discipline brings many _____**

∞ **Remember what we said last week about loving your child**

∞ **Never discipline out of anger**

∞ **Keep in mind your goal:**

- Make your goal of parenting to help your children become fully devoted followers of Jesus who love Him with all their hearts & love others as themselves

∞ **Have appropriate standards**

- (For more information, see the chart from "Raising Great Kids-Parenting with Grace & Truth" by Henry Cloud & John Townsend on the resource table)

For more information: The following chart is taken from “Raising Great Kids– Parenting with Grace and Truth” by Dr. Henry Cloud & Dr. John Townsend

STAGE	GRACE	TRUTH
Infancy (First Year)	<p>Understand an infant’s total dependency. Give compassion and empathy liberally.</p> <p>Feed and nurse when needed.</p> <p>Sooth and comfort at the onset of distress.</p>	<p>For the most part, you do not have to provide truth and structure. His being alone, uncomforted, hungry, separate, and totally dependent teaches an infant enough difficult truth for now.</p> <p>As infants begin to get more into a natural routine in later months, gradually introduce the structure of feeding and nap times, allowing more frustration after needs are met.</p>
Toddler-hood	<p>Empathize with and understand the toddler's lack of maturity.</p> <p>Comfort when you discipline.</p> <p>Coach and guide a toddler's explorations.</p> <p>Understand the fear of a toddler separating and becoming more independent; Do not require more than a toddler is able to tolerate.</p> <p>Reestablish the connection after discipline with assurances of love.</p>	<p>Introduce limits and boundaries, in having more space and structuring time. As they live out their freedom in that space, have limits on some behavior.</p> <p>Introduce discipline and correction.</p> <p>Introduce language and the use of words.</p> <p>Teach the toddler to respond to "no."</p> <p>Limit open rebellion and defiance lovingly.</p>

		<p>Require more separateness – for example, leave the toddler with a babysitter and require him to sleep alone.</p> <p>Limit tantrums and inappropriate expressions of aggression.</p> <p>Teach social skills, such as table manners, saying please and thank you, and using the toilet.</p>
Child-hood Years (approx. 3-12)	<p>Teach skills and provide opportunities to learn new things.</p> <p>Encourage learning new skills.</p> <p>Provide experiences.</p> <p>Understand failure and have patients.</p> <p>Show forgiveness.</p> <p>Grant freedoms and privileges that are earned.</p>	<p>Set rules that protect children from danger.</p> <p>Give requirements that teach more and more responsibility.</p> <p>Enforce consequences of disobedience or non-performance.</p> <p>Teach more advanced social skills, such as manners and kindness to others.</p> <p>Require children to take responsibility and to repent when wrong.</p>
Adolescence	<p>Empathize with and understand adolescents' need for dependency and their wish for autonomy.</p> <p>Forgive the natural limit testing and rule breaking.</p> <p>Give adolescents more latitude in determining preferences and choices.</p> <p>Understand adolescents' need to choose their own values.</p>	<p>Provide clear limits and moral guidelines.</p> <p>Enforce consequences and loss of freedom when responsibility is not shown.</p> <p>Require adolescents to earn their way financially.</p> <p>Require them to manage their own time and resources.</p> <p>Limit inappropriate expressions of disrespect, aggression, and sexuality.</p>

	<p>Grant more and more freedom when earned.</p> <p>Grant more resources and opportunities for independence and further skill building.</p> <p>Have compassion for the heartbreak and failure that adolescent insecurity and experience offer.</p>	
College Age	<p>Understand an adolescent's budding sexuality.</p> <p>Encourage and cheerlead.</p> <p>Offer guidance and some resources.</p> <p>Provide a safe place to process loss and difficulties.</p> <p>Give space to figure out direction and goals.</p>	<p>Have clear requirements on who pays for what.</p> <p>Set clear requirements on how your college-age child can keep your financial or other material support.</p> <p>Communicate honestly about how you think and feel about their choices.</p> <p>Give your opinions about what you think is good for them.</p> <p>Give them space to make their own choices and suffer the consequences.</p> <p>Do not intrude on the time management of their lives.</p> <p>Enforce limits regarding living with you. Make them share responsibility for the house, and so on.</p> <p>Enforce limits of legal and moral standards for people living in your house—e.g., you do not allow drugs in your home.</p>